



Your appointment for a _____ has been scheduled for _____ at _____.
Type of Procedure Date of Procedure Time

Please arrive 40 minutes prior to this scheduled appointment time to complete required paperwork.

Please remember to bring your insurance cards and photo ID to your appointment.

Preparation for your EGD Esophagogastroduodenoscopy

Afternoon Procedure:

1. NO SMOKING, tobacco chewing, or gum chewing after midnight.
2. You may have a clear liquid breakfast (see *Clear Liquids below*).
3. You may also take your medications. NOTHING by mouth 2 hours prior to your procedure.
4. You will need a driver to take you home after the procedure.
5. Please do not wear perfume, cologne, after shave, scented lotions, or lipsticks. Please remove ALL jewelry (including piercings) prior to arriving for your procedure. IMG is not responsible for any lost or misplaced items.
6. Check in at IMG Front Desk with completed paperwork.

Notify your scheduler if you are diabetic. A responsible person accompanying you will be asked to sign the After Care Instructions at the time of discharge.

Clear Liquids include:

- Water, Carbonated Beverages, 7-up, Sprite or Gingerale
- Coffee without cream, decaffeinated coffee, tea, decaffeinated tea
- Fruit flavored drinks (CLEAR kool-aid)
- Clear juices (apple, white grape, white cranberry, lemon)
- Clear fat-free broth, chicken or beef
- Clear flavored gelatin (JELLO) - Yellow or Green
- Fruit ice, popsicles - Yellow or Green
- Sugar, honey, syrup, sugar substitutes, hard candy
- Energy drinks (Gatorade, Exceed) - Yellow or Green

DO NOT eat anything red, or containing red dye.

AVOID flavors such as: strawberry, cherry, watermelon, peach, grape and orange

NO solid food, NO milk products, NO orange juice

Special Instructions From Your IMG Physician: _____

Please remember that if your insurance requires PRE-AUTHORIZATION, it is YOUR RESPONSIBILITY to take care of this in advance. Pre-Authorization DOES NOT guarantee payment in full by your insurance. You will be responsible for any unpaid balance.

IMG IS A NON-SMOKING FACILITY